

Connecticut High School Boys State Outdoor Track and Field Records

Last Updated: June 24, 2024

Event	Time/Dist	Performer	School	Year/Meet
100m	:10.45 0.3 m/s	Jacob Volkerts	Lyme Old Lyme	2024/6/4 CIAC State Open
200m	:20.86 0.7m/s	Glenn McFadden	Hillhouse, New Haven	2001/6/5 CIAC State Open
400m	:45.01	Jerome Young	AI Prince Tech, Hartford	1995 USATF Jr National
800m	1:48.83	Chris FitzSimons	Hamden	2010 USATF Jr National
1600m	4:01.88 4:01.86%	Gavin Sherry Steven Hergenrother	Conard-West Hartford Ridgefield	2021/6/10 CIAC Open 2024/5/30 HOKA Festival of Miles
1-Mile	4:03.46	Steven Hergenrother	Ridgefield	2024/5/30 HOKA Festival of Miles
3000m	8:20.11	Eric van der Els	Brien McMahon, Norwalk	2016/4/29 Penn Relays
3200m	8:43.93	Alex Ostberg	Darien	2015/5/8 Loucks Games
2-Mile	8:52.04	Aidan Puffer	Manchester	2022/6/17 New Balance Nationals
5000m	14:16.61	Alex Ostberg	Darien	2014 New Balance Nationals
10000m	30:16.50	Roy Mascolino	Staples, Westport	1983 USATF Jr National
2000m Steeplechase	5:49.15	Soheib Dissa	Newtown	2024/6/15 New Balance Nationals
3000m Steeplechase	9:15.19	Trey Cormier	Wm. Hall, W. Hartford	2019/5/4 St. Anthonys Invite
110m Hurdles (39")	:13.48 -0.9m/s	Joshua Mooney	Stonington	2023/6/18 New Balance Nationals
300m Hurdles (36")	:36.48	Aaron Haynes	Wilbur Cross, New Haven	1994/6/11 Golden West Invite
400m Hurdles (36")	:51.42	Aaron Haynes	Wilbur Cross, New Haven	1994/6/25 USATF Jr National
4x100m Relay	:41.16	Taeshawn Berry, Hunter Howard, Damion Sparrow, Maxim Copeland	Windsor	2024/6/4 CIAC State Open
4x200m Relay	1:26.23	Taeshawn Berry, Maxim Copeland, Damion Sparrow, Jordan Crain	Windsor	2024/6/14 New Balance Nationals
4x400m Relay	3:12.94	Taeshawn Berry, Hunter Howard, Shelldon Simpson II, Maxim Copeland	Windsor	2024/6/16 New Balance Nationals
4x800m Relay	7:35.68	Nick Saba, Patrick Cyr, Isiah Whiting, Chris FitzSimons	Hamden	2010 New Balance Nationals
800m SM Relay (100,100,200,400)	1:29.69	Shane Earlington, Andre Campbell, Dwayne Thomas, Daundre Barnaby	Weaver, Hartford	2009 Nike Outdoor Nationals
1000m SM Swedish Relay (100, 200, 300 400)	1:55.50	Sherrod Peay, Tikuan Johnson, Brian Sappleton, Kahlin Bolden	Windsor	2013 New Balance Nationals
1600m SM Relay	3:26.26	Yovan Rivera, Blake Morin, Muhammad Ali, Miller Anderson	Wm. Hall, West Hartford	2019/6/15 New Balance Nationals
4000m Dist Med Relay (1200, 400, 800, 1600)	9:44.44	Magnus Manley, William Diana, Charles Lovett, Steven Hergenrother	Ridgefield	2024/6/16 New Balance Nationals
4x1 mile Relay	17:20.31	John Larkin, Owen Martin, Cameron Nephew, Jack Ouellette	Xavier, Middletown	2024/6/13 New Balance Nationals
Long Jump	25-0.25*	Josh Fournier	Bacon Academy, Colchester	2001 ECC Champs
Triple Jump	52-10 1.7m/s	Justin Forde	Brien McMahon, Norwalk	2019/6/23 USATF U20 Champ
High Jump	7-02.25	Khalil Antoine	Hillhouse, New Haven	2024/6/16 New Balance Nationals
Pole Vault	16-03.50	Timothy Murphy	New Fairfield	2012 USATF-1 JO Champ
Shot Put (12lb)	66-04.25	Gary Moore Jr.	Hillhouse, New Haven	2022/5/18 SCC West Sectional
Discus Throw (1.6kg)	192-10	Gary Moore Jr.	Hillhouse, New Haven	2022/6/1 CIAC Class L
Javelin Throw (>=2002)(800g)	212-09	Stephen Simalchik	Danbury	2009 Nutmeg Games
Javelin Throw (<2002)	237-4	Jack Hall	Pulaski, New Britain	1970 Golden West Invite
Hammer Throw (12lb)	211-02	AJ Guerra	Woodstock Academy	2010 HPHS Invite
Decathlon (>=1984)	7135	Brian Brophy	Manchester	1987/5/9-10 Eastern Championship, Emmitsburg MD
Decathlon (<1984)	7106	Mark Fournier	East Catholic, Manchester	1979 CIAC Decathlon

(* = No Wind Indicator in official results, % = official time made on route to a longer distance)

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